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Northern Westchester  
Edition

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OCTOBER 02, 2009

### You Can Take the Girl Out of the city; Cravings Eats & Treats, Briarcliff Manor

Though you've finally made peace with your suburban existence (it's only taken you five plus years to get there), there are certain memories of your city life that linger. Chief among them are not the close proximity to shops, museums and theaters, but rather the soup from Hale n' Hearty and the frozen yogurt at Bloomingdales. Yes, you can scoot down to White Plains for your cold sour creamy fix, but it's not the same as when you were in your Carrie Bradshaw working girl heyday.

Westchester resident Erica Cohen feels your (hunger) pain. That's why she opened **Cravings Eats & Treats** in Briarcliff. This charming food shop is a haven for post-urbanites. In addition to paninis, quiches and fresh salad ingredients (a la NYC's Tossed), there's freshly baked muffins, scones, cookies and cupcakes, Hale n' Hearty soups and Bloomingdale's style yogurt (including the plain flavor) with toppings (including the Melba sauce and granola). Cue sound of angels singing!

"Coming from the city (many moons ago), I have kept my NYC mentality. Many Westchester families have also migrated up north from Manhattan and miss the comfort and availability of these great items. So, I decided to bring them here," says Cohen. The proprietor also offers a selection of culinary-themed gift items, including

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cute baking-mix kits for kids.

A place to purchase birthday presents and yogurt without waiting in a massive line? Cue more angels singing.

Cravings Eats & Treats  
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914-944-4622  
[cravingsny@gmail.com](mailto:cravingsny@gmail.com)

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